

# SODAK COMPOST

COMMUNITY GROWN



## WHAT CAN AND CAN'T GO INTO THE COMPOST BIN?

|  | FOOD  | PAPER   | OTHER   |
|--|---|---|---|
| <p><b>Accepted</b></p>      | <p>Vegetable scraps (peelings, pits, shells, raw, cooked, spoiled, moldy, or frozen)</p> <p>Fruit scraps (peelings, pits, spoiled, moldy, frozen)</p> <p>Eggs and eggshells (raw, hardboiled,)</p> <p>Grains (pasta, rice, beans, bread, cereal, nuts, seeds, dough)</p> <p>Tea (loose tea, bags, strings, and tags if only made of paper or cotton)</p> <p>Shells from shrimp &amp; other soft-shelled crustaceans</p> <p>Scobies (such as from kombucha production)</p> <p>Jellies, jams, and preserves</p> | <p>Napkins, paper towels, tissues</p> <p>Paper Egg Cartons</p> <p>Shredded paper (not glossy!)</p> <p>Newspaper, black and white, color (not glossy!)</p> <p>Paper towel and toilet paper rolls</p> <p>Any BPI certified cups, plates, utensils*</p> <p>Paper but remove all stamps, staples, stickers and tape</p> <p>Visit <a href="https://bpiworld.org/Find-Certified-Products">https://bpiworld.org/Find-Certified-Products</a> if you are uncertain</p> | <p>Cotton balls &amp; Q-tip brand cotton swabs, unless contaminated with makeup/chemicals</p> <p>Flowers, unless painted/dyed with non-food-safe paints or dyes or coated/covered in glitter</p> <p>Houseplant trimmings and small plants (unless diseased or pest ridden)</p> <p>Coffee beans &amp; grounds</p> <p>Wooden chopsticks or coffee stirrs</p>  |
| <p><b>Not Accepted</b></p>  | <p><u>Stickers on produce!</u></p> <p>Grease or oil</p> <p>Chewing gum</p> <p>Dairy products (yogurt, cheese, milks)</p> <p>Meat, fish and bones</p> <p>Liquids, such as coffee, juice, kombucha, nut milks, pickle brine, tea, etc. (a little bit is ok)</p> <p>Sourdough starters</p> <p>Black walnut or pecan</p>  | <p>Receipts</p> <p>Shiny paper, wrapping paper</p> <p>Wax, "baking"/parchment, or "non-stick" paper</p> <p>Wet wipes</p> <p>Used or soiled tissues or toilet paper</p> <p>Products without BPI certification</p> <p>Foil lined containers, microwave popcorn bags, juice boxes, chip bags</p> <p>Ice cream tubs, frozen food boxes</p> <p>Vacuum cleaner bags or contents</p> <p>Rubber bands and twist ties</p>  | <p>Charcoal or coal</p> <p>BBQ or fireplace ashes</p> <p>Chemicals of any kind (meaning no make-up, disinfectant/wet wipes, household cleaners, etc.)</p> <p>Corks</p> <p>Dryer sheets or lint, hair, fur, nail clippings, or dental floss</p> <p>Feces, cat litter, feminine hygiene products, or diapers</p> <p>Glass, styrofoam or plastic of any kind</p> <p>Lawn mower clippings/yard waste</p> <p>Latex</p> |

OTHER ITEMS? IF IN DOUBT, THROW IT OUT! BUT FIRST, SEND US AN EMAIL.

# TIPS AND TRICKS FOR COMPOSTING

- Chose a location for your bucket that works for you: under the sink, inside the garage, or inside the fridge if you have a small bin. Some people are chose to keep food scraps in the freezer in a bowl or bag.
- Regardless of where you keep the bucket, give yourself a visual reminder to compost and drop off. This will also help build the new habit.
- Make sure your bin is lined with a BioBag or BPI certified liner. This will help keep your bin clean.
- If your bin starts to smell, add shredded paper, newspaper, (no gloss) or cardboard to the bin. Or if it is small enough, keep it In the fridge until drop off day.
- Or every 2-3 days fold down the bag inside your bucket and start a new one. Please do **not** tie bags!
- Avoid adding liquids to your bin.
- Cut large food scraps into small bits to speed up the composting process.
- Refer to the Composting Guide for questions about what can or can't go In your bin. Questions? Send us an email or Instagram message.
- And don't forget to drop off your scraps each week!

